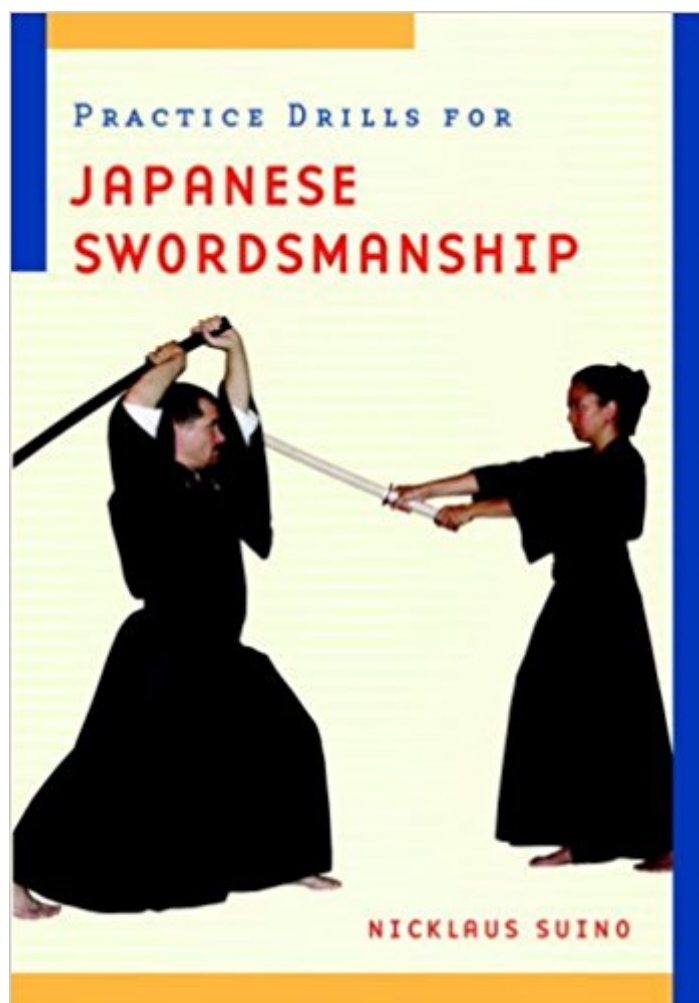


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# Practice Drills For Japanese Swordsmanship



## Synopsis

To become an expert swordsman, one must pay close attention to detail, be highly self-critical, and practice diligently every day under the guidance of a good teacher. Unfortunately, contact time with a worthy mentor is limited for most. Practice Drills for Japanese Swordsmanship fills this obvious gap in the training of the modern swordsman by providing bokuto (wooden sword) drills to supplement the formal class activity of forms practice. Both single and two-person drills are presented, some common to iaido and kenjutsu, others extracted from iaido forms by the author and used to teach his own students the proper ways of drawing, parrying, and cutting. Each drill is illustrated with step-by-step drawings to help students hone their techniques; together they provide a comprehensive system of general skills development for anyone interested in using the Japanese sword.

## Book Information

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## Customer Reviews

Nicklaus Suino is a sixth-degree black belt in Muso Jikiden Eishin Ryu iaido. He is codirector of the iaido division and director of the judo division of the Shudokan Martial Arts Association, and is a regional director of the North American branch of the International Martial Arts Federation. He lives in Traverse City, Michigan, and teaches iaido and other martial arts at seminars throughout North America. Information on his seminars can be found at [www.artofjapaneseswordsmanship.com](http://www.artofjapaneseswordsmanship.com).

This is pretty good for a beginner that has an experienced teacher to help with the fine details. It might be of use for someone with more experience in practice with little teaching experience. (As it

has a good base from which put teaching method from.)Most of these drills would be taught within the first year of training at any reputable Japanese style sword school.This is very unlikely to help someone with years of training and teaching experience.

Very helpful book for the beginner sword person. I use it to practice with my friend.the illustrations really help us because when we first started we had no idea what we were doing. We are both stuntwomen

great for basic lessons and drills. great introduction to a new hobby and exercise.

This book is a great help. Because it is clear in showing me the basics.

Conditioning drills are excellent as there are no dojos in my area offering training. Illustrations and explanations are concise, although I augmented my training plan with YouTube videos for minor clarification, modifications (for specific disabilities, and different angles.

This book performs its function perfectly, as a supplement to iaido or kendo training, not as a comprehensive guide to these other arts. The drills are excellent, the illustrations clear and concise, especially to a proponent of the art. The book is NOT a stand-alone manual to any specific art, and shouldn't be read as such. For something like that, try "Kendo:The Definitive Guide" or Suino's "The Art of Japanese Swordsmanship;" both of these are as close as I've found to "definitive" works.

Likely better books on the market, but has material every swordsman should have foundations with. Great review book.

Not really what I thought it would be.

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